



Dr Elizabeth Collins  
NATUROPATHIC PHYSICIAN

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**PATIENT MEDICAL HISTORY**

Today's Date	
Patient Name	Date of Birth
Parent/Guardian if Applicable	

**PAST MEDICAL INFORMATION**

When and where did you last receive healthcare?
What was the reason?

**CURRENT MEDICAL INFORMATION**

Please list your concerns for your physical, emotional, or mental health in order of importance:

1.
2.

**IMMUNIZATION HISTORY**

POLIO	Y	N	Date	HEPATITIS A	Y	N	Date
DIPHTHERIA	Y	N	Date	HEPATITIS B	Y	N	Date
TETANUS	Y	N	Date	VARICELLA	Y	N	Date
PERTUSSIS/WHOOPING COUGH HIB	Y	N	Date	MMR	Y	N	Date

**ALLERGIES**

What drugs are you allergic to?

Drugs
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What foods are you allergic to?

Foods
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What environmental allergies/sensitivities affect you?

Environment
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**HOSPITALIZATIONS Please list age/purpose/treatment rendered**

Age	Purpose	Treatment/Surgery
Age	Purpose	Treatment/Surgery
Age	Purpose	Treatment/Surgery

**CURRENT MEDICATIONS OR SUPPLEMENTS Please list names and amounts**


**TRAVEL Please list where you have travelled and your age at the time of travel**

Age	Destination
Age	Destination
Age	Destination

**LIFESTYLE & DIET - Y=Yes, currently; N=Never; P=In the past**

Water	Y N P	Amount	Marijuana	Y N P	Amount
Soft Drinks/Soda	Y N P	Amount	Cocaine	Y N P	Amount
Coffee	Y N P	Amount	Other	Y N P	Amount
Alcohol	Y N P	Amount	Exercise	Y N P	Amount
Cigarettes	Y N P	Amount	Sleep	Number of hours	Amount

**FAMILY HISTORY - Please indicate which family member and any details**

Alcoholism		Glaucoma	
Anemia		Heart Diseases	
Arthritis		High Blood Pressure	
Asthma		Kidney Disease	
Cancer		Mental Illness	
Diabetes		Stroke	
Drug Addiction		Thyroid Problems	
Eczema/Psoriasis		Tuberculosis	

**PERSONAL MEDICAL HISTORY (Y=Yes, currently; N=Never; P=In the past)**

<b>Skin</b>		<b>Respiratory</b>		<b>Cardiovascular</b>	
Acne	Y N P	Asthma	Y N P	Heart disease	Y N P
Rashes	Y N P	Cough	Y N P	Murmurs	Y N P
Eczema	Y N P	Pneumonia	Y N P	Palpitations	Y N P
Moles	Y N P	Bronchitis	Y N P	Chest pain	Y N P
		Shortness of breath	Y N P	High blood pressure	Y N P
<b>EENT</b>		Wheezing	Y N P	Anemia	Y N P
Dry eyes	Y N P				
Impaired vision	Y N P	<b>Extremities</b>		<b>Female reproductive</b>	
Eye discharge	Y N P	Blood clots	Y N P	Irregular cycle	Y N P
Eachaches	Y N P	Restless legs	Y N P	Painful menses	Y N P
Hearing difficulty	Y N P	Varicose veins	Y N P	Infections	Y N P
Ringing in ears	Y N P	Cold hands and feet	Y N P	Heavy menses	Y N P
Frequent colds	Y N P			Menopause	Y N P
Nosebleeds	Y N P	<b>Endocrine</b>		Painful intercourse	Y N P
Nasal congestion	Y N P	Thyroid problems	Y N P	Infertility	Y N P
Hayfever	Y N P	Diabetes	Y N P	#pregnancies	Y N P
Hoarseness	Y N P	Fatigue	Y N P	Breast lumps/pain	Y N P
Bleeding gums	Y N P				
Difficulty swallowing	Y N P	<b>Neurological</b>		<b>Male reproductive</b>	
Sore throat	Y N P	Seizures	Y N P	Testicular pain	Y N P
		Numbness/tingling	Y N P	Infection	Y N P
<b>Gastrointestinal</b>		Memory loss	Y N P	Prostate pain	Y N P
Heartburn/indigestion	Y N P	Paralysis	Y N P	Hernia	Y N P
Belching/gas	Y N P	Headaches	Y N P		
Vomiting	Y N P	Head injury	Y N P	<b>Mental emotional</b>	
Constipation	Y N P			Anxiety	Y N P
Diarrhea	Y N P	<b>Urinary system</b>		Depression	Y N P
Change in appetite	Y N P	Incontinence	Y N P	Excessive fears	Y N P
Hemorrhoids	Y N P	Kidney stones	Y N P	Mood swings	Y N P
Gallbladder disease	Y N P	Bladder infections	Y N P	Weeping	Y N P

Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Name \_\_\_\_\_